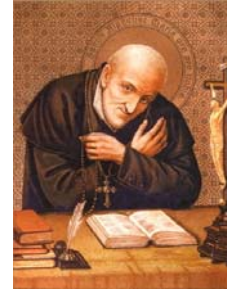


**PRAYER TO  
ST. ALPHONSUS LIGUORI**  
*The Arthritis Saint*  
**(Feast Day August 1)**



*Alphonsus' greatest contribution to the Church was in the area of moral theological reflection. His work in this area came about through his pastoral experience, his ability to respond to the practical questions posed by the faithful and from his contact with their everyday problems. He opposed sterile legalism and strict rigorism. According to Alphonsus, those were paths closed to the Gospel because "such rigor has never been taught nor practiced by the Church". His system of moral theology is noted for its prudence, avoiding both laxism and excessive rigor.*

***Prayer for a cure***

Glorious St. Alphonsus, loving Father of the poor and sick, all your life you devoted yourself with a charity really heroic to lightening their spiritual and bodily miseries. Full of confidence in your tender pity for the sick, since you yourself have patiently borne the cross of illness, I come to you for help in my present need *(Mention it!)*  
Loving Father of the suffering, St. Alphonsus, whom I invoke as the arthritis Saint, since you have suffered from this disease in your lifetime, look with compassion upon me in my suffering.

Beg God, to give me good health. If it is not God's will to cure me, then give me strength to bear my cross patiently and to offer my sufferings in union with my Crucified Savior and His Mother of Sorrows, for the glory of God and the salvation of souls, in reparation for my sins and those of others, for the needs of this troubled world, and for the souls in purgatory.

Our Father... Hail Mary... Glory Be...

St. Alphonsus, patron of the sick, pray for me. **Amen.**

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St. Alphonsus Founder*

