



Alert Level 5

[Summary table of the COVID-19 Alert Level System](#) 

Alert Level 5 has broad sweeping public health measures to protect the population. Public Health Orders are in place.

Life at Level 5:

Your responsibility:

- Follow [Public Health Guidance for All Alert Levels](#).
- Stay at home as much as possible, except to get essentials like groceries and medications.
- Limit contact with others to your immediate household bubble.
- If you have COVID-19 symptoms, contact 811.

Public Spaces and Gatherings:

- Gatherings of more than 5 people are prohibited.
- Funerals, wakes and visitations are prohibited.
- Burials and weddings are limited to no more than 5 people, including the officiant.

Recreational Activities:

- Campsites in municipal and privately owned parks are closed.
- Playground equipment in municipal parks are closed.
- Gym and fitness facilities are closed, including yoga studios, tennis and squash facilities, and arenas.
- Dance studios and performance spaces are closed.
- Outdoor activities, including walking, hiking, or riding your bike, are encouraged as long as physical distancing can be maintained and you are not required to self-isolate for any reason.

Health care services:

- Private health care clinics are closed, except those of physicians and nurse practitioners. Closed clinics can offer urgent and emergent care, and virtual options can be offered for non-urgent care.
- Visitor restrictions in health care are in place.
- Orders for long term care, personal care homes, and assisted living facilities are in place.
- Regional health authorities have postponed or cancelled some health care services.

Businesses and Services:

- Retail stores that do not provide services essential to life, health or personal safety of individuals and animals are closed to in-person service, but can offer online/telephone sales with delivery or curbside pick-up options.
- Retail stores that are permitted to remain open are not permitted to sell scratch or break open lotto tickets in store.
- Restaurants are closed for in-person dining (take-out, delivery and drive-thru options are still permitted).
- Bars and lounges are closed.
- Cinemas are closed.
- Personal service establishments, including spas, esthetic services, hair salons, body piercing, tattooing and tanning salons, are closed.